



A LITTLE HELP CAN GO A
long way!

CanCare Navigators provide free support to people with cancer

After a cancer diagnosis many people feel they need support and back-up. Someone to be there as they deal with challenges that lie ahead. A CanCare Navigator is a trained volunteer who “walks beside” a person with cancer, providing support and back-up.

Better Support = Better Health Outcomes.

“Getting the news I had prostate cancer left me wondering what was happening and where do I turn. I contacted CanCare and spoke to a volunteer, a Navigator who had gone through it and could help me understand what was happening. That was the best contact I made.” Bruce



**CanCare Navigators are
Ideal support for:**

- **Single people** – without family or friends close by or unable to help.
- **Elderly people** – single or couples who need a little extra help.
- **Parents** with young children.
- **Young people** who may not want to discuss their diagnosis with friends.
- **Anyone** who is anxious or having trouble understanding what they are being told.



For Enquiries Call (02) 8058 9060 or Email sue@pbcf.org.au
For More Information Visit Our Website: www.pbcf.org.au

*Together
Caring,
Together Caring*

 **CanCare**
CANCER RESEARCH & SUPPORT